**REFRESHMENTS**

Quenching your thirst

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bottled Water (600ml)</td>
<td>$1.50</td>
</tr>
<tr>
<td>Fruit Juice (200ml)</td>
<td>$1.80</td>
</tr>
<tr>
<td>Fresh Milk (200ml)</td>
<td>$1.50</td>
</tr>
<tr>
<td>Milo</td>
<td>$1.80</td>
</tr>
<tr>
<td>Flavoured Milk (250ml)</td>
<td>$2.20</td>
</tr>
<tr>
<td>Up and Go (250ml)</td>
<td>$2.20</td>
</tr>
</tbody>
</table>

**ICE AGE**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Homestyle Fruit Jelly Cup</td>
<td>$0.60</td>
</tr>
<tr>
<td>Smooze Fruit Ice</td>
<td>$1.50</td>
</tr>
<tr>
<td>Frozen Yoghurt Cup</td>
<td>$2.20</td>
</tr>
<tr>
<td>Lemonade Icy Pole</td>
<td>$1.50</td>
</tr>
<tr>
<td>Rainbow or Choc Paddle Pop</td>
<td>$1.80</td>
</tr>
<tr>
<td>Bulla Lite Vanilla Icecream Cup</td>
<td>$1.80</td>
</tr>
<tr>
<td>Frozen Fruit Kebab</td>
<td>$0.60</td>
</tr>
<tr>
<td>Quelch 99% Juice Stick</td>
<td>$0.60</td>
</tr>
<tr>
<td>99% Juice Slush Puppy</td>
<td>$2.20</td>
</tr>
</tbody>
</table>

**HOW TO ORDER AT THE CAFETERIA**

- Brown paper bags are available at the Cafeteria. Orders are NOT to be written on envelopes or pieces of paper.
- Use a separate bag for Break 1 and/or Break 2.
- Clearly print your Name, Class, Break 1 or Break 2, and menu item/s on the front of the brown paper bag.
- Place orders at the Cafeteria on arrival at school from 8.30am. Orders MUST be placed before 9.00am.
- Prep students have their lunch and frozen refreshments delivered to their eating area. Year 1 students have their lunch delivered to their eating area but must present their order bag with the red star for any frozen refreshments following the play bell. Students in Years 2 – 6 are to collect their orders from the Cafeteria.
- Substitutes will be made if incorrect money or currency is given or the item ordered is unavailable.

**KEEP OUR CAFETERIA GREEN**

In keeping with the P&C Association’s desire to offer a variety of nutritious food, our homestyle menu is cooked on site in the Cafeteria by our Convenors/Volunteers.

We rely upon the support of volunteers to continue and/or expand upon the current offering and to maintain reasonable prices.

There are many tasks in the Cafeteria and any amount of time parents / carers may volunteer is appreciated not only by our Convenors and the P&C Association, but also by our students and staff at Wynnum State School.

Please see our Convenors, Julie or Sharlene, in the Cafeteria if you can help.

**SMART CHOICES**

Healthy eating and regular physical activity are essential to promoting and maintaining good health. The Smart Choices - Healthy Food and Drink Supply Strategy for Queensland Schools is all about offering healthy food and drink choices to students. The strategy has been mandatory in state schools since 2007. Information can be found at http://education.qld.gov.au/schools/healthy/food-drink-strategy.html.
MARKET FRESH
Sandwiches, Rolls and Wraps on wholemeal filled with taste
Wholemeal bread is used unless specified

SANDWICHES – Plain or Toasted
Vege or Jam 2.00
Egg or Cheese 2.50
Ham, Chicken, Tuna or Salad 3.50

Roll or Wrap – ADD 50c
Add 50c for each of the following – Lettuce, Tomato, Carrot, Cucumber, Beetroot, Cheese
OR ORDER THE COMBO

COMBO
Meat and Salad Sandwich $5.00
Meat and Salad Roll/Wrap $5.50
Egg or Ham or Chicken or Tuna served with Lettuce, Tomato, Carrot, Cucumber, Beetroot, Cheese on your choice or sandwich, roll or wrap

SALAD BOX * $4.00 small
$5.00 large
Lettuce, Tomato, Carrot, Cucumber, Pineapple, Beetroot, Cheese and Boiled Egg
+ Ham, Chicken or Tuna $1.50

* = Gluten Free

HOMESTYLE
All the comfort of home at school

Sushi Roll (GF) * $3.00
Available in Teriyaki Chicken or Tuna Mayo or Avocado
SUSHI ONLY AVAILABLE THURSDAY & FRIDAY

Pasta Bolognaise $4.00
Pasta served with Lean Mince, Crushed Tomatoes, Chopped & Grated Vegetables and Mixed Herbs

Homemade Meatballs $4.00
Served with a choice of gravy or sauce

Fried Rice (GF) * $4.00
Rice served with Diced Ham, Onion, Corn, Peas, Egg and oriental sauces

Hawaiian Pizza $4.00
Pizza base topped with Ham, Pineapple pieces and Grated Cheese served on a crushed tomato base

BBQ Chicken Pizza $4.00
Pizza base topped with Chicken, Diced Tomato, Grated Cheese served on a BBQ sauce base

Chicken Burger $5.00
Grilled Chicken Breast served with Lettuce, Tomato and Mayonnaise

Cheeseburger $4.00
Lean Mince Patty served with Cheese
Choose Tomato or BBQ Sauce

Beaut Burger $6.00
Lean Mince Patty served with Lettuce, Tomato, Carrot, Cucumber, Beetroot, Pineapple and Cheese and your choice of Tomato or BBQ Sauce ADD Egg $0.50

Chicken Korma Term 2 & 3 ONLY $4.00
Chicken Breast and veggies simmered in a Korma sauce and served with rice

Taco Cup $3.00
Mild Mexican beef mince, with vegies & kidney beans, in a baked tortilla cup and topped with melted cheese.

Apple Crumble $2.50
Baked apple pieces topped with crumbly oat mixture and served with low fat custard.

SNACK ATTACK
When you only feel like a little munch

Boiled Egg * $0.50
Popcorn * $0.50
Piece of Fruit * $1.50
Banana Bread $1.50
Choc Coconut Brownie $1.50
Muffins $1.50
ABC (Apple, Banana & Carrot) or Milo swirl
Survival Pack * $1.50
Sultanas, Dried Apricots, Dried Apples & Popcorn
Fruit Salad in Natural Juice * $1.50
Vanilla Yoghurt/Custard Cup $1.50
Fresh Fruit Salad * $2.50
Fresh diced seasonal fruits + YOGHURT ADD 50c
Frozen Grapes (Seasonal) $0.50
Frozen Banana pieces in yoghurt (Seasonal) $0.50
Cheese & Rice Crackers * $1.50
Gingerbread Man Homemade $0.50

SERVED WARM
Corn on the Cob * $1.50
Garlic Bread $1.50
Small Baguette spread with Garlic Butter
Sweet Chilli Chicken Wrap $3.00
Sweet chilli chicken tender in a wrap with Lettuce, Tomato, mayo or tomato/sweet chilli sauce
Sausage Roll SAUCE ADD 30c $3.00
Mini Meat Pie $1.50 ea
Tomato or BBQ sauce (limit 2 per serve)

Orders MUST be placed at the Cafeteria before 9.00am